



pennyappeal usa

FEED OUR WORLD

RAMADAN REPORT 2023-2024

Overview

With Penny Appeal USA, no food pack is the same. We tailor each pack to suit the local needs of communities. A food pack in Syria can include items such as rice, white sugar, sunflower oil, spaghetti, salt, lentils, bulgar wheat, tomato paste, canned meat, and black tea.

We operate in Afghanistan, Bangladesh, India, Lebanon, Malawi, Pakistan, Palestine, Somalia, South Africa, Syria, Turkiye, United States, Yemen, and Zimbabwe.





South Africa School Breakfast Club and Gardens

JANUARY-DECEMBER 2023

Cape Town, Johannesburg, and Durban

Poverty in some parts of South Africa has resulted in high levels of hunger among young people and high drop-out rates from school. This program helps mitigate this issue by providing elementary school students with their daily breakfast, as well as establishing vegetable gardens in 3 schools to help families learn to cultivate their own food.

- **500 elementary school students provided with daily breakfast**
- **2,900 students in 3 schools provided with gardens and gardening classes**

Yemen Food and Vegetable Gardens

NOVEMBER 2022-JUNE 2023

Ma'rib Governorate

More than half of Yemeni people live below the poverty line and cannot meet their daily nutritional needs. Your donations helped provide vulnerable families with monthly food baskets, along with resources and training to help them establish home vegetable gardens.

855 beneficiaries

Thanksgiving

NOVEMBER 2023

Washington, DC, and Orlando, Florida

You helped provide grocery gift cards to vulnerable families in Florida and food packs for full Thanksgiving meals to families in Washington, DC.

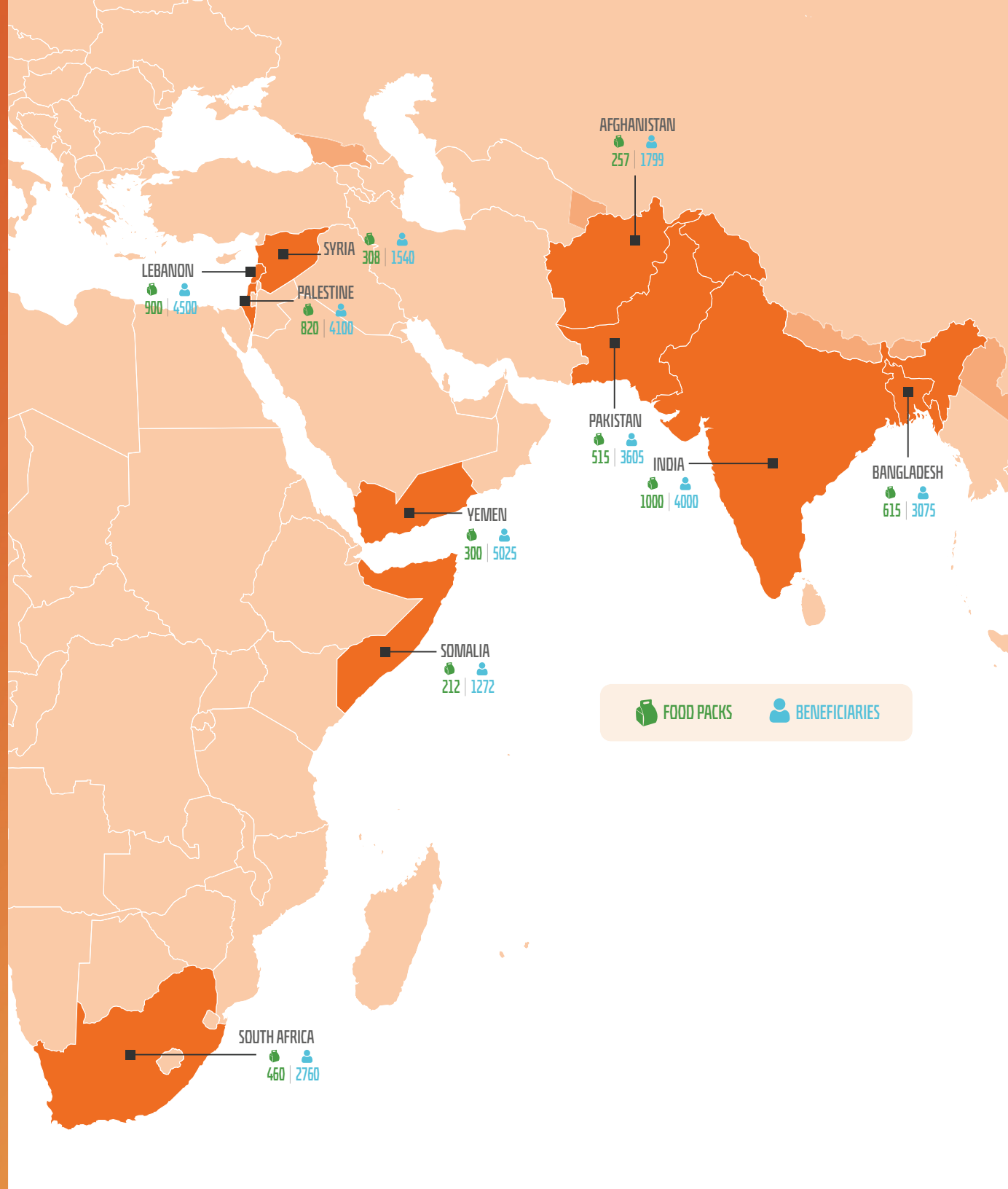
- **1,800 beneficiaries**

2024 Ramadan Distributions

With your support, Penny Appeal USA provides food packs and iftar meals to vulnerable families during the holy month of Ramadan. The food packs are designed and sourced in each country, and include items like dates, legumes, vegetables, rice, flour, juice, and other ingredients commonly used in local communities. In 2024, we are providing over 5,387 food packs across 10 countries, feeding nearly 31,676 people.

Country	Food Packs	Beneficiaries
Somalia	212	1272
Afghanistan	257	1799
Syria	308	1540
Lebanon	900	4500
Bangladesh	615	3075
Pakistan	515	3605
Palestine	820	4100
India	1000	4000
Yemen	300	5025
South Africa	460	2760
Total	5,387	31,676

In 2023, with your generosity, we provided over 7,000 food packs across 12 countries, feeding nearly 55,000 people



Food Pack Contents

AFGHANISTAN

Rice, Dates, Beans, Sugar, Milk, Split Chickpeas (Channa Daal), Salt, Green Tea, Cooking Oil, Flour



SYRIA

Rice, Red lentils, Green lentils, Flour, Bulgur, Dates, Beans, Chickpeas, Vegetable Oil, Olive Oil, Noodles, Tomato Paste, Tahini, Cream Cheese, Mortadella, Salt, Halva, Sardines



LEBANON

Rice, Flour, Dates, Beans, Lentils, Red lentils, Chickpeas, Groats, Pasta, Vermicelli, Tomato paste, Vegetable oil, Canned corn, Canned mushroom, Ketchup, Tea, Powdered milk, butter, Cheese, Jam



BANGLADESH

Rice, Cooking Oil, Dates, Sugar, Peas, Lentils, Spice, Vermicelli, Flattened Rice, Puffed Rice



SOMALIA

Rice, Maize, Red Beans, Salt, Wheat Flour, Sugar, Canned fish, Tea Bags, Date, Milk Powder, Cooking Oil



PAKISTAN

Flour, Ghee, Rice, Sugar, Green Gram Beans, Gram Lentils, Dates, Tea, Red Chili Powder, Gram Flour, Salt, Drink



SOUTH AFRICA

Rice, Lentils, Flour, Red speckled beans, Canned baked beans, Canned butter beans, Cooking oil, Long life milk, Canned fish, Oats, Peanut butter, Sugar, Tea, Veggie and fruit pack, Whole chicken



PALESTINE

Rice, Cooking oil, Flour, Lental, Pasta, Broken Vermicelli, Tomato paste, Canned corn, Sugar, Tea



YEMEN

Flour, Rice, Sugar, Cooking Oil, Dates, Beans



INDIA

Rice, Wheat Flour, Lentils, Chickpeas, Sugar, Cooking Oil, Tea, Salt, Chilli, Corriander Powder, Vermicelli





Stories of Hope

The Anoun family resides in an environment surrounded by deserts in the Hadhramaut region of Yemen. Their living conditions are difficult, with makeshift shelters offering little protection against the harsh weather. They struggle to secure a steady income and fulfill their basic needs for a decent life.

Thanks to your generous donations, the Anoun family received a food basket that sustained them throughout the month of Ramadan. This basket, containing staples like bread, rice, legumes, and dates, brought them much-needed nourishment and happiness.

Barak Anoun expressed gratitude, stating, "This food has allowed us to experience our happiest moments. Our home was filled with joy and delight, something we haven't felt in a long time due to financial constraints."



BARAK ANOUN

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- Barak Anoun



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small change. big difference

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