The overall aim of Feed Our World is to:

1. Increase incomes of rural and sub-urban households
2. Increase resilience of poor rural/sub-urban households and communities to setbacks
3. Improve access to food and individual nutrition of women, men and children

In 2017, 27,250 meals were distributed to 5,450 families in 30 countries.

Our Reach Afghanistan, Bangladesh, Bosnia, Cameroon, Central African Republic, Djibouti, Ethiopia, Gambia, Guinea, Guinea Bissau, India, Iraq, Kashmir, Kenya, Lebanon, Mali, Mauritania, Nepal, Niger, Nigeria, Pakistan, Palestine, Senegal, Sierra Leone, Somalia, Sudan, Syria, Tanzania, Turkey, and Yemen.

Penny Appeal USA distributed small food packs, large food packs and hot meals in 30 countries or regions. The contents of food packs were finalized based on local needs and
culturally relevant food items, which provided for a family during the month of Ramadan. With this in mind, and considering the environment and poor living conditions of the beneficiary families, non-perishable items form the core of the food package contents.

An example of the food distributed as part of a food pack includes (but is not limited to); Beans, Pigeon Peas, Rice, Sugar, Cooking Oil, Wheat Flour, Maize Flour, Tea Leaves, Salt, Dates, Pasta, Groats, Vermicelli, Margarine, Vegetable Oil, Red Lentil, Green Lentil, Tomato Paste, Jam, Beans and Semolina.

Famine and widespread poverty effect huge regions of the undeveloped South and Asia. Poverty and malnutrition account for nearly half of all deaths in children under 5 and approximately 3 million young children lose their lives every year because of malnutrition. 462 million people are underweight and some 17 million are severely wasted as a result of significant malnutrition and lack of food. Malnutrition increases health care costs, reduces productivity and slows down economic growth, which can perpetuate illness and poverty.